

Prevention and Mitigation of Cognitive Decline: From the Bench to Community Engagement

May 3 - 5, 2023
Hilton at UAB, Birmingham, Alabama

Thursday, May 4, 2023

7:30 – 8:40 AM General Breakfast
Hamilton II, Lower Level

7:30 – 8:40 AM Intervention Core Meeting
Montgomery Boardroom, Lower Level

8:45 – 9:10 AM **Opening Remarks and Welcome**
Hamilton I, Lower Level

Jason J. Nichols, OD, MPH, PhD
Senior Associate Vice President for Research
University of Alabama at Birmingham

Overview of Meeting Structure

Ronald M. Lazar, PhD
Director, Evelyn F. McKnight Brain Institute
University of Alabama at Birmingham

Tatjana Rundek, MD, PhD
Director, Evelyn F. McKnight Brain Institute
University of Miami
“Remembering Ralph Sacco”

9:10 – 9:45 AM **Opening Lecture**
Steven Austad, PhD
Protective Life Endowed Chair in Health Aging Research
Distinguished Professor
University of Alabama at Birmingham
“Translating the Biology of Aging into the Community”

9:45 – 9:55 AM Discussion

9:55 – 10:15 AM Break

10:15 – 11:30 AM	MBAR Update Moderator: Tatjana Rundek, MD, PhD
10:15 – 10:35 AM	Ron Cohen, PhD, ABPP University of Florida “Part 1: Where we came from and why?”
10:35 – 10:55 AM	Kristina Visscher, PhD University of Alabama at Birmingham “Part 2: Where we are, accomplishments, and successes”
10:55 – 11:15 AM	Bonnie Levin, PhD University of Miami “Part 3: Where are we going?”
11:15 – 11:30 AM	Discussion
11:30 – 12:20 PM	Invited Speaker Philip B. Gorelick, MD Professor of Neurology The Ken and Ruth Davee Department of Neurology Northwestern Feinberg School of Medicine “Optimizing Brain Health”
12:20 – 12:30 PM	Discussion
12:30 – 1:45 PM	Lunch and Networking Hamilton II, Lower Level
1:45 – 3:05 PM	Implementing Successful Aging into the Community Moderator: Carol Barnes, PhD
1:45 – 2:05 PM	Asta Håberg, MD, PhD Norwegian University of Science and Technology “Sociocultural Factors in the Longitudinal Study of Aging”
2:05 – 2:25 PM	Matt Huentelman, PhD University of Arizona MindCrowd
2:25 – 2:45 PM	Pamela Bowen, CRNP, PhD University of Alabama at Birmingham “Brain Health Advocacy Mission (BHAM)”
2:45 – 3:05 PM	Discussion
3:05 – 3:25 PM	Break

3:25 – 4:40 PM	Workshop in Implementation Science Moderator: Lee Ryan, PhD
3:25 – 3:45 PM	Heidi Hamann, PhD University of Arizona “Fundamentals of Implementation Science”
3:45 – 4:05 PM	George Howard, DrPH University of Alabama at Birmingham “Randomized Controlled Trials: What they are and are not”
4:05 – 4:25 PM	Fern Webb, PhD University of Florida “Conducting studies in diverse and underserved populations”
4:25 – 4:40 PM	Discussion
4:40 – 5:30 PM	Free time before Evening Event

5:30 – 6:00 PM	Transportation to The Florentine Ballroom (dress: business attire; distance is 1.0 mile away from Hilton at UAB)
6:00 – 9:00 PM	Dinner and Guest Speaker M. Joycelyn Elders, MD Vice Admiral 15 th Surgeon General of the United States
5:45 – 6:45 PM	Reception
6:45 PM	Begin Seated Dinner
7:30 – 8:15 PM	Dr. Elders keynote presentation and Q&A
8:15 – 9:00 PM	Dessert and Social
8:45 – 9:15 PM	Transportation to Hilton at UAB